


Hip Wah Summer Camp 2011

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
6/27	6/28	6/29	6/30	7/1
Tofu Chow Mein, Fresh Fruit, Drink	Cheese Pizza, Green Salad, Drink	Veg. Fried Rice, Fortune Cookies, Drink	Meatless Pasta w/tomato sauce, Fresh Fruit, Drink	Tofu Chow Mein, Fresh Fruit, Drink
7/4	7/5	7/6	7/7	7/8
HOLIDAY 	Cheese Pizza, Green Salad, Drink	Veg. Fried Rice, Fortune Cookies, Drink	Meatless Pasta w/tomato sauce, Fresh Fruit, Drink	Chicken Chow Fun, Fresh Fruit, Drink
7/11	7/12	7/13	7/14	7/15
Tofu Chow Mein, Fresh Fruit, Drink	Cheese Pizza, Green Salad, Drink	Veg. Fried Rice, Fortune Cookies, Drink	Meatless Pasta w/tomato sauce, Fresh Fruit, Drink	Chicken Chow Fun, Fresh Fruit, Drink
7/18	7/19	7/20	7/21	7/22
Tofu Chow Mein, Fresh Fruit, Drink	Cheese Pizza, Green Salad, Drink	Veg. Fried Rice, Fortune Cookies, Drink	Meatless Pasta w/tomato sauce, Fresh Fruit, Drink	FREE Veg. Chow Mein, Fried Chicken, Broccoli Beef, Drink